

	Weight	Miles	2-minute pushups	Pullups	Front pic	Side pic
8/25/2014		N/A				
9/1/2014			N/A	N/A	N/A	N/A
9/8/2014					N/A	N/A
9/15/2014			N/A	N/A	N/A	N/A
9/22/2014					N/A	N/A
9/29/2014			N/A	N/A		
10/6/2014					N/A	N/A
10/13/2014			N/A	N/A	N/A	N/A
10/20/2014					N/A	N/A
10/27/2014			N/A	N/A		
11/3/2014					N/A	N/A
11/10/2014			N/A	N/A	N/A	N/A
11/17/2014			N/A	N/A	N/A	N/A
11/24/2014						